

WELCOME FAMILIES TO LCCC'S ARBORETUM FIELD TRIP 2022

FAMILY NEWSLETTER (AGES PRE-K-4)

In this newsletter we will touch base on...

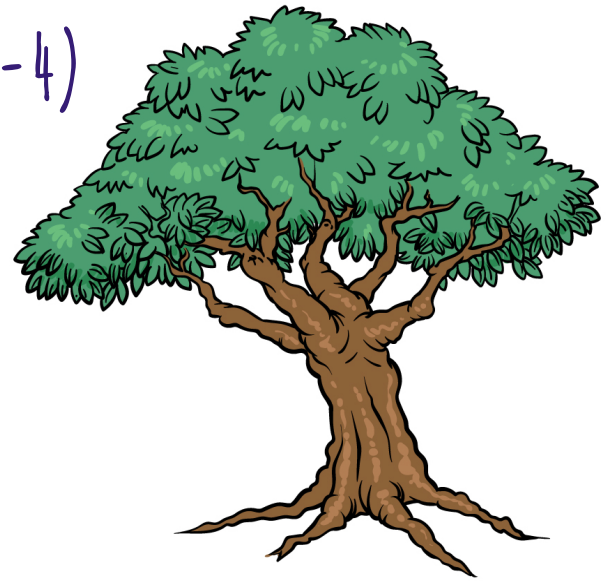
- ❖ Benefits of Outdoor Play
- ❖ Facts about LCCC's Arboretum
- ❖ Outdoor Game
- ❖ Cooking Recipe

Benefits of Outdoor Play

- ❖ Since the pandemic it can be hard for children to escape their shells and adventure outdoors. Our LCCC Arboretum benefits the curiosity about science, nature, and creates opportunities for social interaction and collaboration. Benefits of outdoor play can also include a better sleep schedule, positive mood, promote physical health, and allow improvement in motor skills. Participating in outdoor activities with your child or encouraging them to venture outdoors allows them to stay educated on the world around us and take the time to adore our environment!

Facts about LCCC's Arboretum

- ❖ Lehigh Carbon Community College have used this non-profit opportunity with the community to plant 24 trees on-campus as part of a micro-ecosystem outdoor classroom.
- ❖ The trees scattered along LCCC's arboretum are labeled and give you the chance to understand the detailed inventory available. The land that this outdoor classroom is on was originally orchards turned into meadows, fields, trees, and a pavilion.
- ❖ The purpose of this arboretum is to enhance learners to enjoy, educate, and observe our environment as well as get a sense of the museum of trees.



Outdoor Game

❖ Scavenger Hunt

➤ Being outdoors in this environment is the perfect opportunity to enhance nature's beauty. Take this time to do an outdoor game such as a scavenger hunt!

■ **The object of the game:**

- To find a series of natural artifacts around the premises and observe while feeling the different textures and becoming aware of your surroundings.

■ **Things to find on the scavenger hunt...**

- 3 different trees
- 3 different shaped leaves
- 5 rocks of different colors and sizes
- Something prickly
- A bug
- Something smooth
- 2 sticks
- A flower
- Pinecone



■ **Remember:**

- Have fun and put everything back where you found it!

Cooking Recipe

❖ Ants on a Log

➤ **Ingredients**

- Cucumbers
- Peanut butter or cream cheese
- Raisins
- Chocolate chips
- Seeds

➤ **How to**

- Cut your celery into small “logs”
- Spread your peanut butter or cream cheese into your “log”
- Add your toppings such as raisins, chocolate chips, or seeds
- ENJOY

