



ANNOUNCEMENTS	ADMINISTRATIVE UPDATES	REMINDERS	SPIRIT & WELLNESS	COMMITTEE HIGHLIGHTS
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ANNOUNCEMENTS

October 13, 2022

Submit Your College Voice News Here

All College Voice submissions are due by 12 p.m. the business day prior to each edition (Friday by 12 p.m. for Monday edition, Wednesday by 12 p.m. for Thursday edition). Special exceptions will apply. Please ensure all applicable links and attachments are included in your submission, and all information, links and attachments in your submission are correct and accurate.

Thank you,
Office of College Relations

[View Previous College Voice Editions](#)

QUICK LINKS

- [October 2022 President's Desk](#)
- [LCCC Employment Openings](#)
- [Events](#)
- [PA Commission for Community Colleges](#)
- ["This Week" Student Newsletter](#)
- [Report Safety and Security Concerns](#)

Marketing Project Requests

LCCC's College Relations staff can turn your creative ideas into reality. Whether it is an event, a new program, a website update, a social media campaign or beyond, our staff will work with you to get the best results.

[Submit Your Marketing Project Request](#)

MINUTES

- [Board of Trustees](#)
- [President's Cabinet](#)
- [Leadership Team](#)
- [Academic Council](#)

REGISTRATION STATUS REPORTS

To view registration status reports, go to the Institutional Research link on [Faculty and Staff Resources](#).

WORKING @ LCCC

Duplicating Center and Mail Room Service Window Hours

8 a.m. - 6 p.m., Monday through Thursday; 8 a.m. - 6 p.m., Friday;
Lobby Hours
7:30 a.m. - 7 p.m., Monday through Thursday; 8 a.m. - 6 p.m., Friday.

Courier services Monday through Friday at all sites.

Bookstore Hours

Monday-Thursday: 9 a.m.-6 p.m.; Friday: 9 a.m.-1 p.m.; Saturday and Sunday: CLOSED.

Library Fall Hours

7:30 a.m. - 9:45 p.m., Monday through Thursday; 7:30 a.m. - 5 p.m., Friday.

CulinArt Hours

ARC Main Café
Monday-Thursday: 7:30 a.m. - 2:30 p.m. Grill open from 8 a.m. - 2 p.m. Fryer items available until 2:30 p.m. Closed Fridays. Catering is available.

Weekly Menu

The Corner Cafe

Open 8 a.m. - 1:30 p.m. Monday to Thursday, Open 8 a.m. - 1 p.m. on Friday

Wellness Center

9 a.m. - 6 p.m., Monday through Thursday and Friday from 9 a.m. - 4 p.m.

PRESIDENT'S CABINET MEMBERS OPEN OFFICE HOURS

President

Dr. Ann D. Bleiber

Appointments can be made via Zoom. Email Tracy Bean at tbean@lccc.edu to schedule an online meeting.

VP Dr. Cindy Haney

1st and 3rd Mondays from 4 to 5 p.m. and 2nd and 4th Thursdays from 4 to 5 p.m. Email Cindy Haney at chaney@lccc.edu to schedule a Hangouts meeting.

VP Larissa Verta

Access virtual office hours on Mondays from 3 to 5 p.m., Tuesdays from 9:30 to 10:30 a.m., and Thursdays from 12:30 to 2 p.m., or email lverta@lccc.edu to arrange a scheduled meeting.

VP Stefanie Neester

1st and 3rd Mondays from 10 to 11 a.m. and 2nd and 4th Fridays from 9 to 10 a.m. Email Mary Decker at mdecker@lccc.edu to schedule an online meeting.

Dean Peggy Heim

Mondays from 3 to 5 p.m. Email pheim@lccc.edu to schedule online meeting.

Interim Dean Dr. Jodi Rowlands

Wednesdays, 8 to 9 a.m. or 4 to 5 p.m. Email jrowlands@lccc.edu to schedule a meeting.

Dean Dr. Andrea Gramnum-Mosley

Mondays from 1 to 3 p.m. Email agramnummosley@lccc.edu to schedule via Hangouts.

Interim Dean Eike Reichardt

Wednesdays from 3 to 5 p.m. Email EReichardt@lccc.edu to schedule online meeting.

Dean Dr. Kelly Trahan

Mondays from 3 to 5 p.m. Email ktrahan@lccc.edu to schedule an online meeting.

CIO Joshua Mitchell

Tuesdays from 11 a.m. to noon. Email jmitchell10@lccc.edu to schedule online meeting.

Dean Scott Aquila

Email saquila@lccc.edu to schedule an online or face-to-face meeting.

Bookstore Sale - 20% Off



The bookstore is having a 20% off champion products in-store and online starting Oct. 16 - 23. Shop online at lcccshop.com 24/7 or come in store during business hours!

*Our inside ARC entrance is closed during renovations - please enter through our outside entrance or through the south stairwell in the ARC (located near the faculty/staff lot D).

October Community of Wellness and Belonging Walking Challenge Update

For the week ending Oct. 9, here are the numbers:

- There are a total of 58 participants
- Individual participants walked a total number of 717,852 steps
- Team participants walked a total number of 2,350,185 steps
- Altogether, the participants walked a total number of 3,068,037 steps or about 1,534 miles

Top individual is Lauren Falgout with 136,426 steps.
Top team (by average) is Hot Stepaz with an average of 67,879 steps.

Top three individuals overall are:

- Lauren Falgout with a total of 136,416 steps
- Jennifer Latzgen with a total of 101,381 steps
- Erin Vermeulen with a total of 91,155 steps

Top team overall are:

- Hot Stepaz with a total average of 67,879 steps
- The Brilliant JEMS with a total average of 66,608 steps
- The Girl Gang with a total average of 62,763 steps

Great results for the first week! Every participant is winning because they are taking steps toward their individual wellness.

Honors Students Visit Rodale Institute

LCCC Honors students visited the Rodale Institute to learn all about organic farming practices and their environmental benefits. Leading scientists in the field shared current research on methods for sustainable soil health and weed control in farming. Our tour of the beautiful 300+ acre farm included student favorites hens, pigs, and the "weed zapper".

Healthy soil = healthy food = healthy people.



Restoring Workplace Well-being

Preferred EAP has provided a couple of flyers to help restore your workplace well-being. Below you will find a few relaxation techniques that can be completed during a 5 minute wellness break and a daily checklist to keep yourself in check!

View brief relaxation techniques [here](#).
View a daily wellness and resiliency checklist [here](#).

Student Nurses' Association Basket raffle

Please come out and join us this Saturday, Oct. 15. The LCCC Student Nurses' Association will be hosting a basket raffle in the Student Union. Doors open at 11 a.m. and the first ticket will be pulled at 2 p.m. We appreciate all your support and hope to provide you with an afternoon of fun.

LCCC Holds Parent/Guardian Info Sessions in Allentown for ASD Students

LCCC will hold information sessions for parents or guardians of Allentown area high school seniors to prepare them for enrolling at LCCC. Families and students are invited to attend one of the sessions:

- 6 p.m., Tuesday, Nov. 1
- 2 p.m., Thursday, Nov. 3
- 11 a.m., Tuesday, Nov. 8

Sessions will be held in the 7th floor conference room at the Donley Center, 718 W. Hamilton St. Spanish and Arabic language interpreters will be available, and refreshments will be served.

Participants will learn about the enrollment process, steps to register for classes, student resources to help students succeed, the Aspira first-year learning community for Hispanic/Latino students, success coaches, the college math readiness program and diversity initiatives. Admissions representatives will be on hand to answer questions.

Registration is available [online](#). For additional information, contact Thais Rodriguez at 610-799-1940 or Admissions@lccc.edu.

Michele Anfuso's Last Day is Today - Stop By to Wish Her Well

Michele Anfuso's last day is today, Thursday, Oct. 13. Michele has been an integral part of our library, providing reference support, as well as managing our interlibrary loan system. She has also taught lessons for our classes and has developed strong relationships with faculty and students. While we are excited for Michele's new adventure, we will miss her in the library. Michele has been a part-time Information Services Librarian with LCCC for four years and has been a valued member of our staff. Please stop by the library to see Michele after 11 a.m. to wish her well!

Annual Halloween Parade

Students, faculty and staff from the LCCC Tamaqua site have been working hard on this year's parade float. We will enter our lego-themed float, "LCCC: Building Blocks of your Future" in Tamaqua's annual Halloween parade on Oct. 25. We would appreciate candy donations via courier to LCCC Morgan Center. For more information or to join us in the parade, contact Amber Zuber at azuber2@lccc.edu.

ADMINISTRATIVE UPDATES

Human Resources News

Click the see more button for the latest news and updates from [LCCC Human Resources](#)

[See more >](#)

Online Learning News

Click the see more button for the latest news and updates from [LCCC Online Learning](#)

[See more >](#)

REMINDERS

Scholarships and Transfer Information Session

An information session about Scholarships and Transfer will be held on Wednesday, October 19, from 2:20-3:45 p.m. in CSC 203/205. Presentations will include: Bucknell Summer Scholars Program, Penn State-Lehigh Valley STEM Scholarship, East Stroudsburg Clear Path STEM Scholarship, and LCCC Transfer Services. Open to all students.

Faces of Honor Display



Every year LCCC honors all veteran and active military students during Veterans Appreciation Week, which will be held at main campus Nov. 7-11. Several events and programs are designed to honor and remember veterans providing the college community an opportunity to say "thank you."

Students, faculty and staff are invited to submit photos of themselves or family members who have served or are currently serving in the U.S. Armed Forces for the annual "Faces of Honor" display taking place at LCCC's main campus during Veterans Appreciation Week. The banners will be displayed throughout the Student Services Center building and will be available for all to view through the college's various social media channels. If you have submitted a photo in the past, your loved one is already part of the display so there is no need to resubmit. Photo submissions will be accepted through Friday, Oct. 21.

To submit a photo, please [complete the form](#) and upload a digital image, which must be of the highest resolution possible – 600 x 800 pixels or larger.

College Employee Information Sessions

Various college service areas will be doing presentations along with question and answer sessions to familiarize new employees with the services their area provides at the college. All employees are welcome to attend. [Click here](#) for the Zoom link for the sessions. The speakers will be presenting at 10 a.m. and 2 p.m. (same information in each session) on the dates assigned as follows:

- October 14 - Ashley Gonzalez, Public Safety
- October 28 - Gene Eden, Student Life
Amber Zuber, Tamaqua (Morgan Center)
- November 11 - Fae Schrack, Registration and Student Records
Brandon Kwiatek, High School Connections
- December 2 - Tina Moyer, Career Development
Marco Anglesio, Institutional Research and Effectiveness

Snow Day Contest!

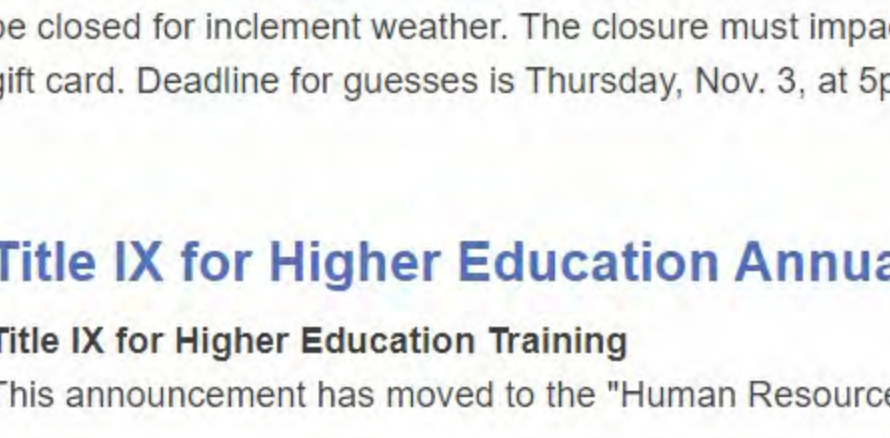
Please use the [link provided](#) to submit your guess for the first day that Lehigh Carbon Community College will be closed for inclement weather. The closure must impact all campuses. The correct submission will win a \$25 gift card. Deadline for guesses is Thursday, Nov. 3, at 5pm.

Title IX for Higher Education Annual Online Training

Title IX for Higher Education Training

This announcement has moved to the "Human Resources News" section of College Voice.

LV Veterans and Military Council 5k



LV Veterans & Military Council 5k
Saturday, November 12, 9 a.m.
Bicentennial Park
5351 Park West Lane
Bethlehem, PA US 18017

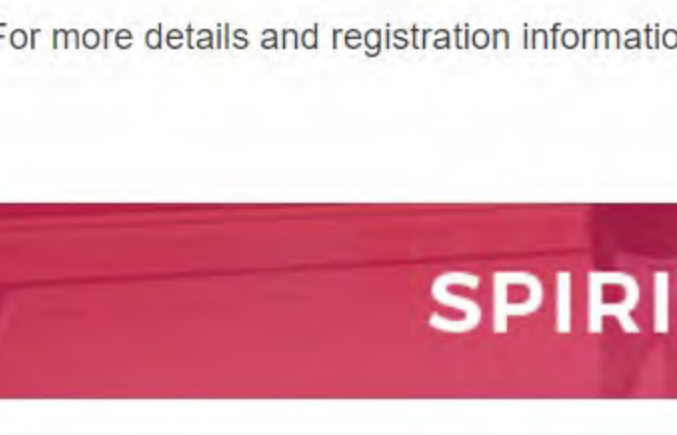
Join the LCCC Veteran Support Team at the annual 5K Ruck 'n Run/Walk to honor veterans during Veterans Appreciation Week. Lehigh Valley colleges, universities, businesses and community members will Ruck OR Run/Walk to recognize and honor all veterans throughout the Lehigh Valley. 5K Ruck and Run/Walk options in addition to a 1-mile Fun Run/Walk (no timing or awards) available. The course is an off-road grass course through the scenic Bicentennial Park. Donations will go to Victory House of Lehigh Valley. Participants who register and make a \$30 minimum donation by October 29 will receive an event beanie.

Awards will be presented to the top 3 male and female finishers in each age group for the 5K Ruck and 5K Run/Walk options. **The college or university team with the most participants (Ruck, Run/Walk, and Fun Run/Walk combined), earns a plaque to be displayed on their campus and bragging rights!**

For more details and registration information, [click here](#).

SPIRIT & WELLNESS

Staff vs Student Game

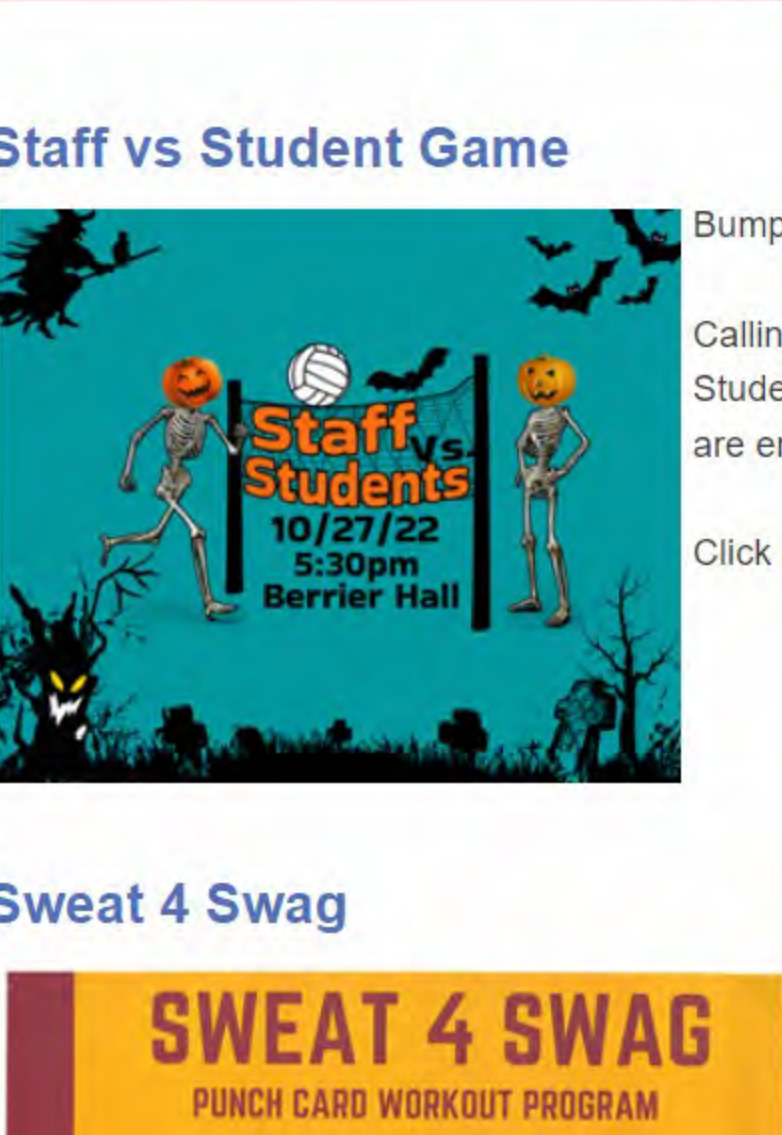


Bump...set...BOO!

Calling all faculty/staff interested in playing the 1st Annual Staff vs Student volleyball game! Thursday, Oct. 27, at 5:30 p.m. Costumes are encouraged.

Click [here](#) to sign up and provide t-shirt size.

Sweat 4 Swag



A one hour workout is 4% of your day - no excuses! Join the Sweat 4 Swag punchcard workout program and collect Cougar Swag along the way. See Wellness Center staff for more information.

